**Living Skills 8 Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Scrambled Egg Pizza Melts**

**Ingredients:**

**1 english muffin, split**

**30 ml tomato sauce**

**5 ml oil**

**125 ml chopped vegetables**

**2 eggs**

**15 ml milk**

**Pinch of both salt and pepper**

**30 ml grated mozzarella cheese**

**Method:**

1. Preheat oven to broil.

2. Under broiler toast the English muffins, until golden.

3. Spread each with 15 ml tomato sauce; set aside.

4. In a frying pan, heat oil on medium heat. Saute vegetables until softened.

5. Whisk together eggs, milk, salt and pepper. Add to pan and cook until softly set.

6. Spoon over muffins. Sprinkle with cheese.

7. Broil until cheese is melted.