**Tzatziki**

**Ingredients:**

1/2 cucumber, grated

150 mL plain yogurt

1 1/2 cloves garlic, minced

15 mL dill

7 mL red wine vinegar

15 mL olive oil

Dash salt

**Method:**

1. Sprinkle the grated cucumber with salt and leave to stand for 30 minutes. Rinse the cucumber and squeeze out any water.
2. Toss the cucumber with the remaining yogurt and the remaining ingredients.
3. Refrigerate until ready to serve.