Foods 9/10 - Free Lab Preparation

Free Lab Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Due Date: Friday, February 17th

Name of Both Partners \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your task: Each set of partners must work together to prepare a recipe. The following criteria MUST be met:

* The recipe cannot be something we are making this year in class time (refer to Mrs. Styles website for the semester schedule)
* The recipe must have preparation time of 30- 45 minutes
* The recipe cannot contain nuts or seafood
* You and your partner are responsible for bringing in the necessary ingredients (you may use any staples that are in your kitchen, example: flour, sugar, salt, etc.)

To receive full marks the following lab must be completed in booklet format, and include the following criteria:

1. **Work Plan/Time Schedules**

* Details, details, details!

1. **Recipes**

* **2 copies (one for Mrs. S & one**

**for yourselves!)**

* Source- where did you find it?

Ex. www.gimmesomeoven.com

1. **Ingredients List**

* Who’s bringing what in your unit?

1. **List for Mrs. Styles**

* What do you need from me- ex. spices, – STAPLE items only!

**Ingredients List**

**Partner \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Partner \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**List For Mrs. Styles**

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**Work Plan/ Time Schedule**

**What are the jobs that need to be done?**

**Who is doing which job?**

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